

**SPRING 2012
 Day Spa News**

Don't forget to 'like' us on facebook for daily specials



\$160 Xmas Basket Giveaway.
 Spend \$80 on services in November & December to enter.



- Special points of interest:**
- Spring Specials
 - New Blixz Manicure
 - Caviar Lip & Eye Treats
 - BOTOX & Dermal Fillers
 - Christmas Trading & Gifts

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liquid sun®



The Rolls Royce of tanning, Liquid Sun original provides a deep, honey-dipped glow with potent age fighting, skin firming and cell rejuvenation properties – all in one innovative product.

Liquid Sun contains:

- Ecocert Approved DHA (certified organic)
- Certified Organic Aloe Vera Extract – moisturising
- Vitamins A & E – anti-oxidants
- Cehami – an indigenous Australian botanical which has been used for centuries, and is scientifically proven to contain unprecedented skin renewal, hydrating and anti-inflammatory properties, for younger, healthier looking skin
- Marine Collagen – stimulates collagen production and skin renewal
- Aromatic Therapy – Orange, Lemon and Bergamot essential oils re-vive, lighten, firm and improve skin tone
- No alcohol

CHRISTMAS GIFTS & VOUCHERS



Christmas is closer than you think. What about a Beauty or Hair Gift Basket! We have various baskets for sale, or can make one to your requirements. Gift Vouchers and Indulgence Packages also available. Call us for more information.

SAY HELLO TO SHELLAC ~ THE HYBRID NAIL COLOUR

The world nail crisis is over! Shellac is the breakthrough, UV3 technology that combines the ease of polish with the permanence of gels. A true innovation in chip-free, extended-wear colour.

Shellac was created to be **EASY ON-EASY OFF**. It applies like polish, just a bottle and brush. And **removal in just 10 minutes**.

Shellac™
 14-Day Wear.
 Zero Dry Time.
 Mirror Finish.
 (really!)



No filing. No Drills.
 Shellac is UV cured, so there's zero dry-time. It's thin and flexible like polish, so it not only looks natural-it provides strong natural nail protection.

The results? **14-day, glorious, high-gloss shine that's truly addictive.**

Retinol & Caviar Lip & Eye Treatment

Details of beauty is the innovative line of specific products that, thanks to the use of revolutionary technologies, reduces skin imperfections and refines skin down to the smallest details.

Plant Stem Cells. Avant-garde technology at the service of the skin. As the years go by, epidermal cells “fall asleep” and they lose their ability to reproduce. Epidermal stem cells are reawakened by plant stem cells, triggering a domino effect that speeds up cellular renewal.

BOOK 2 Eye & Lip Treatments & receive FREE Eyelash Tint.

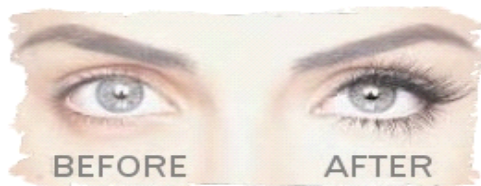


Eyelash Grafting

Graft-a-Lash extensions are silk fibres attached to your natural lash resulting in longer, thicker lashes that look natural but very luscious and glamorous.

Applied properly lashes will last the life of your natural lash 6 to 8 weeks, then you should have them checked every 3 weeks. The reason for this is your eyelash growth cycles vary, and your lashes are constantly being shed and replaced. Your technician needs to see you regularly in the first 4 weeks after grafting to become familiar with your lash growth cycle, as no two people are the same.

You may continue with your normal life style, bathing, swimming, using a spa or living in a humid climate will not affect the lashes.



The latest boom in Nail Art throughout Europe + USA and already seen on the fingers and toes of international music and film stars, Blixz Nail Foils are now available in Australia.

Blixz Nail Foils are extremely thin foils that are applied directly to the nail with instant results. No need to wait for nail polish to dry and no top coat required - Blixz Nail Foils provide flashy fingers and toes that last for up to two weeks. Available in over a hundred colours and designs. Blixz Nail Foils has a new look for every occasion.

Why have a plain manicure when you can now get Blixzed!

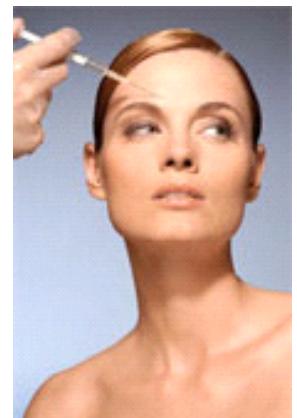


Expressions of Interest for BOTOX & DERMAL FILLERS

Absolute Tranquility will be offering Botox and Dermal Fillers. At this stage we are looking for expressions of interest for this service. Botox is a simple and safe procedure performed by our Doctor. The entire treatment takes around 10 mins and it lasts approx 3 to 4 months. Consultations are FREE! The Doctor will visit our spa once a month, so if this is something you would be interested in doing, please give us a call and put your name on our list.

Approx prices depending on units needed:

- Forehead \$175
- Crows feet \$250
- Upper lip \$30 to \$60
- Nasal lines \$30 to \$60
- Glabellar (Frown lines) \$275



SPRING SPECIALS

Monday

Full Body Massage ~ \$75
*Tania's Nail Art ~ **FREE** with Full Set Acrylics*

Wednesday

Botanical Petit Spa Facial ~ \$45
Eyelash Grafting (1/2 set) ~ \$66

Thursday

*Spray Tan ~ **Only** \$29*
Collagen Eye Treatment ~ \$25

Friday

Sauna Sessions ~ \$30
*Back, Neck, Shoulder Massage &
 Sauna Session **Only** \$80*

Saturday

Pedicure ~ \$38
Manicure ~ \$28

Step back into Spring

Lemongrass Body Exfoliation
Vichy Shower
Oriental Head & Scalp Treat

Spring Carnival Pkg

1/2hr Detox Sauna
Papaya Crème Scrub
Spray Tan



Kids & Adult Parties

Looking for a venue for your child's birthday.... Look no further. At Absolute Tranquility we can provide Mani & Pedi parties for your children. Your child will receive a birthday tiara on arrival and all children change into our little spa treatment robes. Party Pies, sausage rolls, pasties, frankfurts, fairy bread, fresh fruit and fruit juice is supplied by our spa.

We also hold functions for adult parties, bridal parties, etc. Absolute Tranquility is licensed so you can enjoy a strawberry punch with fruit & cheese platters, whilst enjoying a selection of beauty treatments with your guests.

Take the hassle out of your next party and give Absolute Tranquility a call.

Spa Etiquette



Children & Mobile Devices

To ensure that all clients enjoy a relaxing & stress free time with us, we respectfully request that noise is kept to a minimum. Mobile phones & other electronic devices are not permitted at our spa.

As you know the staff at Absolute Tranquility love kids, but we ask that your children are left at home as our clients come to our spa to relax and take time out. Also we have a lot of expensive & dangerous equipment at our spa.

Reservations

Appointments are essential for Absolute Tranquility treatments. To avoid disappointment, we recommend advance reservations to secure your preferred date & time. Spa Treatment reservations require a 50% deposit.

Arrival Times

For your convenience we request that you arrive 20 minutes prior to your first scheduled appointment and subsequent Spa Appointments.

Cancellations & No Shows

Appointments are reserved especially for you and will only be held for 15 minutes. We understand that unexpected things happen, so we kindly ask that you give us 24 hours notice should you need to change or cancel your appointment. All deposits are refunded if appropriate time of cancellation is given. If no notice is given for appointments the deposit is **non refundable**.

!! CHRISTMAS DRINKS ~ Sat 22nd December !!

COME and have a Christmas drink with us on Saturday 22nd December. We will be working on this day, but clients are very welcome to come in for a drink and some nibbles. It will be a casual affair. Looking forward to seeing you there.



CHRISTMAS TRADING

CLOSED ~ Saturday 22nd Dec @ 4pm
REOPEN ~ Saturday 5th Jan @ 10am



ABSOLUTE TRANQUILITY STAFF

Cheryl-Anne ~ Beautician & Massage Therapist

Cheryl-Anne joined our team in March as the Spa Manager and trainee Therapist. Since then she has completed her training and is qualified in a number of fields. Cheryl-Anne's Massage therapies include relaxation, therapeutic, hot stone & sports injury. She also performs headache, asthma & sinus treatments. Cheryl-Anne is a waxing guru and is a master at Spray Tanning. She has an outstanding work ethic and her customer service goes above and beyond. She is a bright, friendly lady who takes the upmost pride in all her work. She is an asset to the team.

KIMBERLIE ~ Beautician & Makeup Artist

Kimberlie started with us half way through her apprenticeship in 2012. She has such a natural gift when it comes to beauty therapy. Kim is meticulous with her treatments and loves working in the beauty industry. This is proven in the wonderful work she does. Many clients have said that she has magic hands.

Kimberlie is honest, hardworking and very professional. She has finished all her training and is now studying Swedish Massage.

India ~ Massage & Beauty Therapist

India joined us in June. She has been doing Massage & Beauty Therapy for years. She performs acupressure, shiatsu, deep tissue, therapeutic, sports injury, hot stone, pregnancy & aromatherapy massage. India loves helping others, has a positive approach to everything she does, & is more than happy to help with after care exercises to get you on the road to recovery. Clients are extremely happy with the massage she performs & have had fantastic results. India can help you manage your pain, correct your posture, & guide you & your body in the right direction.

Isabel ~ Reiki & Holistic Therapist

Isabel also joined us in June. She has been doing Reiki, Crystal healing & Shakra cleansing for many years, and is intuitive to a client needs. Clients are extremely happy with the therapy she performs, and have had miraculous results after just one of her treatments. Come and experience Isabel's healing hands for yourself.

Tania ~ Beauty Therapist & Nail Technician

Last but not least Tania is the owner of the business and has been working in the beauty industry for over 20 years. She has returned to Mannum after living in Melbourne for 17 years where she owned and worked in her successful Day Spa and Hair Design business. In Melbourne her clients named her the Eyebrow Queen.

She is professional and quite fastidious when it comes to her work, and enjoys every aspect of working in a day spa. Tania is always honest with clients and will make sure clients understand why she recommends or doesn't recommend certain treatments and/or products. Tania hopes that you will enjoy Absolute Tranquility as much as she does.